Union EAPs (Employee Assistance Program)  

A Union EAP works for you, not Rutgers. Union EAPs work in conjunction with your union representatives to protect your job and your health. You have access to 24/7 assistance with all the union EAPs listed below. The services provided are confidential and at no cost to you by utilizing insurance and leave entitlements that you already have. Union EAPs can assist if disciplinary charges have been levied and can help protect your job. A medical defense strategy utilizing federal laws such as ADA, FMLA, and Chapter 69 may be used to protect you and your job.

### AFT Trauma Counseling Program & Services

24/7  
* aggravated Assault  
* domestic violence  
* sexual assault  
* mass shooting/terrorist act  
* major disaster  

At Work  
* bullied, harassed or threatened  
* traumatized by witnessing violent incident  
* infection by contagious disease  
* secondary trauma

### Florida House Experience (FHE) Health

Call 24/7: (866) 768-7021

### Union First

24/7 lifeline: (855) 215-2023

### Healthcare Assistance with Member Support (HCAMS)

Call 24/7: (888) 828-7826

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**Employer EAPs**

Employer EAPs work for the employer. The confidentiality of an employer EAP may not be the same as a union EAP. Employer EAPs do not provide job protection advocacy.

### Rutgers University Employee Assistance Program

24 hour crisis: (800) 327-3678  
New Brunswick: (732) 235-5930, 8:30 AM – 5 PM  
Newark: (973) 972-5429, 8:30 AM – 5 PM  
Voorhees: (856) 770-5750, 9 AM – 5 PM

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1 URA-AFT generally does not provide an endorsement of one program over another.  
2 For union members only